



**SELF-RELIANCE**

**AGES: 4-6**

First & Last Name: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Tip Goal: \_\_\_\_\_

**Tigers, this month we're learning about SELF-RELIANCE!**

Self-reliance means trying to do things on your own and believing you can try first. It's about saying, "I can try!" and doing your best before asking for help.

♥ **How Do I Show Self-Reliance?**

👉 **With Others:**

- Trying things by yourself before asking for help
- Using your words to say what you need
- Doing your part when working with friends

👉 **With Yourself**

- Trying to put on your shoes or jacket
- Cleaning up your toys when you're done
- Trying again if something feels tricky

Being self-reliant helps you grow strong and proud! When you try on your own and keep going, you learn that you are capable and brave. ✨

*"Trying is how you learn."  
- Daniel Tiger*

*Tigers, color in the photo below!*

