



PALLEN'S
MARTIAL ARTS™

POWERFUL

MARCH 2026

PROJECT

INITIATIVE

AGES: 7-11

First & Last Name: _____ Parent/Guardian: _____

Tip Goal: _____

Students, this month we're learning about INITIATIVE!

What Is Initiative?

Initiative means taking action without being told. It's recognizing what needs to be done and choosing to step up and start. Initiative is about being proactive instead of waiting; beginning the task, offering help, or making the right decision before someone reminds you.

Why Is Initiative Important?

Having initiative helps you grow into a confident, dependable leader. When you practice initiative, you build responsibility, strengthen your decision-making skills, and earn the trust of others. You learn to act with purpose instead of hesitation, and you develop the mindset of someone who leads rather than follows.

How Can You Take Initiative?

- ✓ Start tasks right away instead of waiting for reminders.
- ✓ Volunteer to help when you see something that needs to be done.
- ✓ Take responsibility for your actions without making excuses.



Students, read the quote and reflection questions below. Draw or write your response answers in the box.

"The way to get started is to quit talking and begin doing." — Walt Disney

What is one thing you can begin doing right away this week without being reminded?

