



PATIENCE

AGES: 4-6

First & Last Name: _____ Parent/Guardian: _____

Tip Goal: _____

Tigers, this month we're learning about PATIENCE!

Patience means staying calm while you wait, learn, or practice. It means giving yourself and others time to do their best.

♥ How Do I Show Patience?

👉 With Others

- I wait my turn
- I listen when others are talking
- I use kind words when I have to wait

👉 In Class

- I keep practicing when something is hard
- I stay calm when I make a mistake
- I listen carefully to my instructor

☀ Why Patience Matters

- ✓ You learn new things more easily
- ✓ You stay calm when things are hard
- ✓ You become a kind friend
- ✓ You grow stronger every time you practice

Good things take time!

When you practice patience, you grow stronger, calmer, and kinder every day. ♥ 🐅

"When you wait, you can play, sing, or imagine anything." – Daniel Tiger

Tigers, color in the photo below!

