



Oct 17-18-19, Raleigh



Kaitlin Leslie
Gidea Pretorius



open to all, intensive kumite Camp

Register on uventex.com
bit.ly/pinkbelt25



PINK BELT KARATE FUNDRAISER

Oct. 17

Conditioning
speed, power
nutrition
6-9 pm

Oct. 18

ring strategy
timing, combos
20+ matches
10-2 pm

Oct. 19

video review of
matches,
mindset
9-12 noon

All events hosted at Triangle's Best Karate dojo, 9113 Leesville Rd. Raleigh, NC



trianglesbestkarate@gmail.com
919-844-5555 for details